



It Takes Two To Tango

Available online

Course Description

This training is built on the foundation of Adverse Childhood Experiences (ACEs) and looks at the effects of working with traumatized children and youth, how trauma can manifest, interventions that can be used with traumatized children and youth and the importance of self-care. It also looks at the different types of attachment and the thoughts and behaviors associated with each type of attachment. Vicarious trauma, acute stress, burn out, and moral injury will also be discussed, along with self-awareness and the difference between self-restoration and self-care.

Up to 6 continuing education credits are available for those who login and complete the course and quizzes. One certificate is available per login.

This workshop combines the specific expertise developed by Intermountain, a 111-year-old treatment agency in Montana. Intermountain is a nationally recognized nonprofit providing Hope and Healing for children and youth struggling with complex emotional challenges and their families.

Course Objectives:

1. Participants will recognize their own motivations and triggers when interacting with emotionally distressed children and youth.
2. Participants will discover how working with emotionally distressed children and youth will affect them personally and how best to take care of themselves.
3. Participants will identify the different types of attachment and understand how the different types manifest.
4. Participants will recognize the differences between vicarious trauma, acute stress, burnout, and moral injury.
5. Participants will distinguish between maintenance self-care, emergency self-care.

Who Should Attend: Educators, Behavioral/Mental Health Providers, Healthcare Providers, CASA Volunteers, Foster/Adoptive Parents, Youth Probation/Juvenile Justice/SROs, Child Protective Service Providers, Child Care Providers, Faith-Based Service Providers, and anyone living with, working with or making decisions about troubled children.

About the Speaker

Daniel Champer, LCPC - Clinical Director at Intermountain

Education: Bachelor of Arts, Pastoral Ministry, Mount Vernon Nazarene University; Master's of Arts, Counseling, Waynesburg University

Daniel Champer, LCPC: A Licensed Clinical Professional Counselor in Helena, Montana currently serving as Clinical Director at Intermountain. Daniel's extensive experience includes providing clinical leadership, oversight to teams of mental health professionals who provide therapeutic services in public school settings and in our residential facility in the Helena area. His passion is restoring life and beauty in all that has been discarded and marked as waste.